



Palpung Changchub Dargyeling

96 King St.

Brynmawr.

NP23 4SY

01494 313395.



We are please to announce the visit to Palpung Wales of Drubpon (Retreat Master) Lama Tsering Gyatsen, (the representative of Mingyur Rinpoche), who will teach at the Centre this August.

Aug 15th-16th ~ The Six Paramitas. On Sunday Aug.15th and Monday Aug 16th.10am-4pm(with lunch break); The Six Paramitas is the practice of perfecting generosity, morality, patience, diligence, one-pointed concentration and insight

Aug 17-19th. Mahamudra Course (year 4) 10am-4pm (with lunch break). Restricted.

Drubpon (Retreat Master) Lama Tsering Gyatsen, (the representative of Mingyur Rinpoche), will be continuing the Mahamudra Teachings for those students who have attended the previous years courses, or for those who have completed the extensive Mahamudra teachings.

BOOKING FORM

Aug 15/16....The Six Paramitas £50 (£40 concessions)

Aug 17/19.....Mahamudra year 4 £100 (£75 concessions)

Name.....

Courses.....

Amount
paid.....

Contact Details.....

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All cheques made payable to SHERAB LING FOUNDATION UK.